

## DROPS 30 POUNDS AND BREAKS FAST

MAE BELLE McARTHUR, 32 DAYS  
WITHOUT FOOD, EATS  
CRACKERS.

Overfeeding Gives Doctors a Liveli-  
hood. Chicago Woman  
Avers.

Chicago, Ill., Feb. 27.—Although it was the first real food she had eaten in 32 days, Mrs. Mae Belle McArthur of 124 East Fifty-fifth street munched a cracker without haste as she broke her fast yesterday afternoon. Two soda crackers and a bit of apple sauce made up the menu. Today she will have a dish of milk toast. Tomorrow she may try a poached egg.

"If half of the people would fast a few days each month," she said, "most of the doctors would have to go out of business. Two-thirds of them make a livelihood because people eat too much."

Mrs. McArthur had not eaten except a few stalks of celery since Jan. 22, when she weighed 152 pounds. Yesterday she weighed 122, and although her face was slightly pinched she felt in excellent health, she declared. She had lost 20 pounds in 31 days.

"I feel elated," she told a reporter. "My mental efficiency is improved and the stuffy feeling that annoyed me when I was heavy is gone. I always find myself stronger after a fast."

Mrs. McArthur refused to take seriously the scores of letters which she has received, warning her that she might suffer permanent injury from her fast. She declared she was not alarmed as she had tried the experiment several times before. In 1909 she went without food 45 days and reduced 23 pounds. Later in the same year she reduced 19 pounds in 18 days.

### Says Fast Brings Health.

Mrs. McArthur believes that fasting is necessary in order that the system may keep properly cleansed. She declares she has found the road to health and a long life.

"Each human being," she said after her first cracker yesterday, "has a weight at which he is most efficient, happy and healthful. Over-weight greatly discounts all of them."

"Over-eating is a habit that brings much suffering, sorrow and sickness—makes us old and burdensome—overworks the human mechanism which results in early aging and premature death. More deaths are caused by overfeeding than starvation. One camel will sustain the body for 24 hours. Very little food is required for one to live."

The ancient wise men knew this and established obligations for their people to fast to keep them happy and not for any reason associated with religion.

Mrs. McArthur said she was not seriously bothered by sensations of hunger.

"I set a day for beginning a fast and when the time arrives my mental attitude is such that I do not want food."

"I have used up all the fat on my body and am now consuming tissue. In the early days of my fast I experienced a feeling of unrest—a sort of unsatisfied feeling. But when the fat is gone there is a different feeling which tells me it is time to resume eating."

Mrs. McArthur commented upon the fasting experiments of Professor Carlson of the University of Chicago.

"The burning sensation in my stomach which he speaks of after a six days' fast was caused by oil, and could have been neutralized by lemon juice," she said.

## THE ILLINOIS

Starting Tuesday (1 week) March 1

A laugh every time you bat an eye!

## Melrose The Great

In a varied program of

Hypnotic Hilarity!

You'll Laugh—You'll Scream.

Prices: 10c-20c-30c

This Coupon will

Admit One Lady Free

to see

Melrose The Great

at the

Illinois Theatre, Mon., March 1st  
When accompanied by person holding  
one paid 30 cent ticket if re-  
served before 7:30 p.m.

## BLACK HAWK THEATRE

Corner 11th St. and 12th Ave.

TONIGHT

The Fatal Opal, Kalan drama in

two parts

A PARTNER TO PROVIDENCE

Featuring Arthur Johnson—

George Ade fable

Proving that spongers are found

around drug stores

TOMORROW

Lubin war drama in two parts

OUT OF THE PAST—A fine

Vitagraph drama in 2 parts

A DOUBLE ELOPEMENT

Edison comedy

A CLOSE CALL

Vitagraph drama

A Splendid Program—Don't

Miss It.

## Scene in "Mrs. Wiggs of the Cabbage Patch"—At Illinois Sunday



## The Theatre

### ILLINOIS.

Feb. 28.—"Mrs. Wiggs of the Cabbage Patch."

March 1 and one week—Melrose the Great, hypnotic hilarity.

March 8—Billy Watson's "Beef Trust Beauties" (burlesque).

March 15—Al H. Woods presents or-

iginal company in "Potash & Perlmutter."

March 20—Academy Producing com-

pany presents May Robson in "Martha-  
bie-By-The-Day." Only appearance in tri-

cities.

March 27-28—Lyman H. Howe Trav-

elling Festival presents the United States navy.

EMPIRE.

Feb. 25-27—Oliver Drama Players in "The Vinegar Buyer."

### MAJESTIC.

Tonight—Special double feature pro-  
gram, including G. M. Anderson, "Bron-  
cho Billy," in "The Tell-Tale Hand" (three parts), and a two-part Keystone

comedy.

Wednesday—George Kleine presents Lyda Borelli in "The Naked Truth."

Monday—William S. Hart and Clara Williams in "The Bargain" (Paramount picture).

Tuesday—"The Maze of Mystery," de-  
tective drama, featuring an all-star

company.

Wednesday—H. B. Warner in "The Glass Breaker," five parts, Paramount

drama.

Thursday—George Kleine presents "Betwix Savage and Tiger," six parts.

Friday—Laura Sawyer, Frederick De

Belleveille and Robert Broderick in the

Shubert production, "A Daughter of the People."

Saturday—"C. O. D.," with a special

cast of Vitagraph stars.

Sunday—George Kleine presents Mary Ryan in "Stop, Thief," five parts.

### COLONIAL.

Saturday—William Fox presents William Farnum in "Samson."

Sunday—"The Walls of Jericho," with Edmund Breese.

### DREAMLAND.

Saturday—"A Joke on Yellowstone," "Bottomless Pit."

Sunday—"Second Childhood," "Old Fisherman's Story," "The Gentleman Crook and the Lady," episode 10 of Zodora.

Monday—"The Exposure," "Mr. Hadley's Uncle," "Her Younger Sisters."

Tuesday—"Fear of the Past," "Percy of the Millinery."

Wednesday—"The Panthers," "Her Winning Pluck."

Thursday—"The Passing of the Gum

Hicks," "Wild Man Land," "Bobby's Medals."

Friday—"Graft vs. Love," "Our Mutual Girl," "Giddy Gay."

Saturday—"When a Woman Wants," "A Lucky Disappointment," "The Breakers."

Sunday—"The Face in the Ceiling," "Zodora," episode, "The White Rose," "Fatal Bumping."

### BLACK HAWK.

Saturday—"The Fatal Opal," Kalan drama in

two parts

A PARTNER TO PROVIDENCE

Featuring Arthur Johnson—

George Ade fable

Proving that spongers are found

around drug stores

TOMORROW

Lubin war drama in two parts

OUT OF THE PAST—A fine

Vitagraph drama in 2 parts

A DOUBLE ELOPEMENT

Edison comedy

A CLOSE CALL

Vitagraph drama

A Splendid Program—Don't

Miss It.

They are a family of which

## TWENTY-FIVE YEARS AGO

From The Argus Files of 1890

Feb. 21—Mrs. R. Crampton has gone to Chicago to visit her daughter.

Mr. and Mrs. W. C. Collins have leased their South Rock Island home and will move back to their residence on Eighteenth street.

The Young People's Methodist Alliance met last evening at the home of J. S. Freeman, 2524 Seventh avenue.

Peter Haars and Miss Louisa Cloes of this city were united in marriage yesterday.

Dealers in this vicinity are still cut-

ting ice.

Feb. 22—Schools of the city today celebrated the 158th anniversary of the birth of George Washington with fitting programs. The opening of the railroad from Chicago to Rock Island Feb. 22, 1854 was also celebrated in connection.

There was an enjoyable ice cream and oyster sociable at the South Park Chapel last night, which netted about \$40.

Mrs. William Kurth, 720 Tenth street, was accidentally shot through the arm by a revolver in the hands of her 12-year-old son, Willie. The wound is not serious.

Mrs. Phil Mitchell and her twin sons are making an extended visit to Philadelphia.

Miss Margaret Dart gave a tea to 19 of her friends last evening.

Feb. 24—The city council today re-

## BRYCE DECLARES NEUTRALITY JUST

FACT: BOTH SIDES COMPLAIN  
HELD PROOF OF AMERICAN  
IMPARTIALITY.

London, Feb. 27.—Viscount James Bryce, in an article on "The Position of the United States in the War," to be published in the Daily Chronicle today, says it is "a complete error to assume that those who bear a German name or even to German blood belong to the pro-German party."

The children of Europeans who are born in America, Viscount Bryce continues, "grow up normal American citizens for all practical purposes. Their loyalty is to the Stars and Stripes and their feeling for the land of their parents is comparatively weak."

What is called the German vote is in some few cities a force to be reckoned with. But when those who lead try to use it as a means for applying political pressure in such cases as this the native Americans resent such an attempt, for with them it is a fundamental principle that citizens must have no loyalty save to the United States, and the great bulk of even hyphenated German-Americans would refuse to respond."

As to the neutrality of the American government, Mr. Bryce adds, both sides have blamed it, and the government points to this as the best proof of its impartiality. One party, he says, moved by the tragic fate of Belgium, censured the government for having failed to protest "against the violation of Belgian territory and the flagrant breaches of the rules of warfare prescribed by The Hague convention."

"But," says Viscount Bryce, "it is right that neither side of the case should be put to the United States, the greatest of the neutral powers."

"The administration might conceive that many questions will arise during the war in which the rights of all the neutrals will be involved, and it might think that the authority with which the United States can speak would be weakened if at the outset its government takes up a position adverse to one or the other party to the struggle. However high the motive, impartiality would thereafter be questionable."

Arguing that the attack on Belgium was a clear breach not only of the convention of 1897 but of the fundamental principles of international law, Viscount Bryce says that the breaches which followed rested at first on statements which needed confirmation but before protesting against the treatment of combatants it needed further evidence which would carry certainty to every fair mind.

"Add to this ground for caution," he went on, "the fact that the United States has always, following the advice of Washington, endeavored to keep itself clear of European entanglements in old world diplomacy."

Regarding the questions of international law and usage which have arisen between the United States and the belligerents, Viscount Bryce said:

"When a neutral is urged by its citizens to remonstrate with belligerents on the exercise of any rights which the belligerents claim, it cannot, unless convinced, decline to present the case of its subjects."

If it is suggested, as I think it has been somewhere, that in the matter of contraband and the right of search powerful pecuniary interests have tried to influence the administration, those who have watched the recent developments in America will agree that nothing is so unpopular there as what is called big business, and that any administration supposed to be yielding to its pressure would do so at its peril. So far as I can judge, there is no foundation for any such notion."

Feb. 26—At a special meeting of the Rock Island Improvement Association last night, Colonel S. N. Stewart of Philadelphia recommended that a pontoon bridge be built across the river at this point.

Moses Titterington, 80 years of age, died Monday night at his home in Edgington.